



Summer 2022 CSA PICK UP GUIDE

1. Locate the sign in sheet and your name

- Check off your name.
 - Item(s) delivered for you will always be listed in your row.
- If you believe the sign-in-sheet is incorrect, email us at csa@lancasterfarmfresh.com or call 717.656.3533 x2

✓	Name	Vegetable Share	Mini Custom	Eggs	Meat	Chicken	Fruit	Flower	CSM	Herb	Cheese
	John Adams	LG Vegetable					Fruit	Flower		Herb	Cheese
	George Washington	MD Vegetable		Eggs			Fruit				Cheese
	William Taft	SM Vegetable			Meat	Chicken		Flower		Herb	
	Franklin Roosevelt		Mini Custom	2 x Eggs			Fruit		CSM		Cheese
	Andrew Jackson	LG Vegetable					Fruit			Herb	Cheese

Thanks for your support!

2. Locate your item(s)

- Before your first pickup, review the detailed explanation of our shares on the next page!
- Shares are packed in boxes or in the plastic cooler/insulated cardboard cooler boxes.



3. Unpack your shares and break down your box(es)

- You can take home your shares as they are delivered or load your items into reusable bags.
- If you leave your box, please unfold it as a courtesy for your host.
- Boxes left at your CSA site will be returned to the Co-op for reuse.



FAQs

What if I am going on vacation? If you provide us with at least a week's notice, we can "pause" your pickup for one week. You can choose to receive replacement items in a future week, or store credit on your online account to be used toward any future CSA purchase.

What if I want a friend/family member to pick up my share? You are responsible to pass along all pickup instructions to them. Most CSA mistakes occur when members send substitutes – please help us avoid mistakes that cost our farmers money by sharing this pickup guide with anyone you send on your behalf!

What if my share is missing? Please contact your site host and LFFC (csa@lancasterfarmfresh.com or 717.656.3533 x2). You can find your site host's contact information in the welcome email we sent you the week before the start of the season. We will do our best to help you locate your item(s).

VEGETABLE SHARES

For summer, there are three vegetable share sizes (small, medium and large). Please be sure to take the correct size share. Veggie shares are individually boxed – one box per share.



FRUIT SHARE (starts the week of 6/6)

2 fruit items

Fruit shares are bulk packed, so **DO NOT TAKE AN ENTIRE BOX!** Always be sure to follow the fruit share instructions provided on the bulk boxes so that you take the correct amount of fruit.



FLOWER SHARE (starts the week of 6/6)

1 bouquet

Take one bouquet from the tall brown cardboard flower box. Please **DO NOT TAKE AN ENTIRE BOX!**



HERB SHARE (starts the week of 6/6)

2 herb items

Herb shares are delivered biweekly and bulk packed. Take one bag per share from the herb box. Please **DO NOT TAKE THE ENTIRE BOX!**

BREAD/GF BREAD

Collect one loaf of the appropriate bread per share from the correct box or cooler.

Refrigerated items are sent in a white plastic cooler OR in a cooler box. If you do not see a plastic cooler at your site, please look for a cooler box(es) instead.



CHICKEN, CHEESE, & MEAT SHARES

These shares are **bagged and labeled with the customer name.** Always make sure you are taking the bag with YOUR name.

EGGS

One dozen per share. **Biweekly egg shareholders:** always double check the sign in sheet before collecting an egg carton.



YOGURT

One quart per share. Pay careful attention to **low fat vs. original (whole milk), please!**

CSM *This special share only delivers four seasonal packages per year, unlike most summer shares. More info will be emailed to CSM shareholders prior to CSM package deliveries.*