



# Unite for Her Winter 2020 CSA PICK UP GUIDE



**1. Look for your name on the sign in sheet and make sure you see “1Vegetable UFH” in the row with your name**

a. Never take a share if your name is not on the sign in sheet!



**2. Locate your Unite For Her box, labeled with “Unite for Her Share” sticker**

a. Always double check to make sure you’re taking the correct box!



**b. Unpack your shares and break down your box.**

a. You can take home your shares as they are delivered or load items into reusable bags. Boxes left at your CSA site will be returned to the Co-op for reuse.

## FAQs

### What should I do if someone else is picking up for me?

Please take a moment to explain the process to them and show them these instructions. We want to ensure everyone gets the items they paid for, **so please be very clear with friends/family about what to take.**

### What if I can't pick up my CSA share one week?

**If given at LEAST 5 business days' notice, we can pause your delivery.** Due to our ordering schedule from vendors and farms, we're not responsible for accommodating holds or replacement shares if proper notice is not given.

### What if I'm running late or feeling sick the day of my pickup?

Please contact your site host via email or phone using the contact information we sent with your site instructions. They might be able to hold your box until the following day or accommodate a late pickup. It's always helpful to let them know what's going on and they will help if they can!

Here's an example of what a CSA site looks like:



Make sure you only take a box with a "Unite For Her Share" sticker!

## Pick Up Schedule

|        |   |
|--------|---|
| Week 1 | March 2 <sup>nd</sup> - March 6 <sup>th</sup>   |
| Week 2 | March 9 <sup>th</sup> - March 13 <sup>th</sup>  |
| Week 3 | March 16 <sup>th</sup> - March 20 <sup>th</sup> |
| Week 4 | March 23 <sup>rd</sup> - March 27 <sup>th</sup> |
| Week 5 | March 30 <sup>th</sup> - April 3 <sup>rd</sup>  |
| Week 6 | April 6 <sup>th</sup> - April 10 <sup>th</sup>  |
| Week 7 | April 13 <sup>th</sup> - April 17 <sup>th</sup> |
| Week 8 | April 20 <sup>th</sup> - April 24 <sup>th</sup> |

Questions? Comments? We're here to help!

9:00am - 4:30pm M-F call 717.656.3533 x 2 or email [csa@lancasterfarmfresh.com](mailto:csa@lancasterfarmfresh.com)